

Seaford School District Wellness Policy Assessment

School Name: Blades Elementary
 Reviewer: Donna Trader

Grade Level: K-2
 Date: 2/28/22

I. Public Involvement	Yes	No
We encourage the following to participate in the development, implementation and evaluation of our wellness policy: School Admin <input checked="" type="checkbox"/> Food Service Staff <input checked="" type="checkbox"/> Parents <input checked="" type="checkbox"/> Public <input checked="" type="checkbox"/> School Board <input checked="" type="checkbox"/> PE Teachers <input checked="" type="checkbox"/> Students <input checked="" type="checkbox"/>	X	
We have a designee in charge of compliance.	X	
We make our policy available to the public.	X	
We measure the implementation of our policy and make results available to the public.	X	
Our district reviews the policy annually.		X ¹

II. Nutrition Environment and Services	Yes	No
All foods sold during the school day meet the USDA Smart Snacks in School Nutrition Standards.	X	
All beverages sold during the school day meet the USDA Smart Snacks in School Nutrition Standards.	X	
We offer nutrition education to students in: <input checked="" type="checkbox"/> Elementary School <input type="checkbox"/> Middle School <input type="checkbox"/> High School	X	

III. Nutrition Promotion	Yes	No
Our district's written Wellness Policy includes measurable goals for nutrition promotion.	X	
We promote healthy eating and nutrition education with signage, use of creative menus, posters, bulletin boards, etc.	X	
We have reviewed <i>Smarter Lunchroom</i> techniques and evaluated our ability to implement some of them.	X	
We place fruits and vegetables where they are easy to access (e.g. near the cafeteria cashier or near the front of the line).	X	
We ensure students have access to hand-washing facilities prior to meals.	X	
We annually evaluate how to market and promote our school meal program(s).	X	
We regularly share school meal nutrition, calorie, and sodium content information with students and families.	X	
We offer taste testing or menu planning opportunities to our students.	X	
We participate in Farm to School activities and/or have a school garden.		X ²
We only advertise and promote nutritious foods and beverages on school grounds (e.g. buildings, playing fields, etc.).	X	
We price nutritious foods and beverages lower and less nutritious foods and beverages higher.	X	
We offer fruit or non-fried vegetables in: <input type="checkbox"/> Vending Machines <input type="checkbox"/> School Stores <input type="checkbox"/> Snack Bars <input checked="" type="checkbox"/> à La Carte	X	
We have nutritional standards for foods/beverages served at school parties, celebrations, events, etc.	X	
We provide teachers with samples of alternative reward options other than food or beverages.	X	
We prohibit the use of food and beverages as a reward.		X ³

IV. Nutrition Guidelines	Yes	No
Our district's written Wellness Policy addresses nutrition standards for USDA reimbursable meals.	X	
We operate the School Breakfast Program: <input type="checkbox"/> Before School <input type="checkbox"/> In the Classroom <input checked="" type="checkbox"/> Grab & Go	X	
We follow all nutrition regulations for the National School Lunch Program (NSLP).	X	