

MARCH 2025

SHS



AVAILABLE DAILY

Daily Breakfast
Assorted Cereal
Yogurt w/ Grahams
Fruit & Fruit Juice Variety

Daily Lunch
PBJ w/ Cheddar Goldfish
Yogurt w/ Cheesestick & Grain
Assorted Fresh Fruits

Milk Choice
1% Unflavored
FF Chocolate or Strawberry

Daily Deli Offerings
Monday
Turkey Sub, Assorted Salads, Cheeseburger, Pizza, Yogurt Parfait

Tuesday
Italian Sub, Assorted Salads, Cheesesteak Wrap, Chicken Tenders, Yogurt Parfait

Wednesday
Ham Sub, Assorted Salads, Crispy & Spicy Chicken Patty, Papa John's Pizza, Blue Jay Box

Thursday
Italian Sub, Assorted Salads, Crispy & Spicy Chicken Wrap, Bacon Cheeseburger, Chicken Nuggets

Friday
Assorted Subs, Assorted Salads, Beef Hot Dog, Pizza

Monday
March 3

Tuesday
March 4

Wednesday
March 5

Thursday
March 6

Friday
March 7

Breakfast

"Detectives" Donuts

Breakfast

"Tricky" Trix Muffin

Breakfast

Scrambled Eggs
French Toast
Sausage

Breakfast

"Private Eye"
Pigglestick

Lunch

General Tso's Chicken w/ Rice
BBQ Teriyaki Chicken w/ Rice
Seasoned Broccoli
Red & Green Pepper
Veggie Cup
Pineapple Tidbits

Breakfast

"Mystery"
Mini Cinis-Caramel

Lunch

Cheeseburger
Hot Dog
Baked Beans
Baby Carrots
Fresh Apple Slices

Lunch

Italian Subs
Baby Carrots
Veggie Juice
Fresh Apple Slices

PSAT Testing Day

Lunch

Domino's Smart Slice Pizza
Buffalo Chicken Pizza
Buttery Corn
Baby Carrots
Cool Pears

Lunch

Shrimp Poppers w/ Mac & Cheese
Chicken Cheesesteak Sub
Seasoned Green Beans
Celery Sticks
Chilled Mixed Fruit

**ALL STUDENTS
EAT ALL MEALS
AT NO COST
AGAIN THIS
YEAR**

**This institution is
an equal
opportunity
provider.**

National School Breakfast Week : Clue Into School Breakfast!!!

**Monday
March 10**

Breakfast

Blueberry Crumb Cake

Lunch

Domino's Smart Slice
Pizza
Mandarin Orange
Chicken w/ Rice
Steamed Broccoli
Baby Carrots
Applesauce Cup

**Tuesday
March 11**

Breakfast

Breakfast Bar

Lunch

French Toast w/
Sausage Patty
Breakfast Pizza
Tator Tots
Celery Sticks
Orange Tangerine
Juice

**Wednesday
March 12**

Breakfast

Blue Jay Sandwich
Beef & Cheese Sunrise
Stick

Lunch

Chicken Wings w/Biscuit
Crispy Fish Sandwich
Potato Wedges
Cucumber Veggie Cup
Frozen Fruit Cup
Fiesta Soup

**Thursday
March 13**

Breakfast

Pigglegstick

Lunch

Walking Taco
Chicken Fajita
Shredded Lettuce &
Diced Tomato Cup
Chipotle Bean Salad
Side Kick Icy

**Friday
March 14**

Breakfast

Mini Apple Bites

Lunch

Cheesesteak Sub
Meatball Sub
Mixed Vegetables
Red & Green Pepper
Veggie Cup
Fresh Apple Slices

**Monday
March 17**

Breakfast

Assorted Bread Slices

Lunch

Domino's Smart Slice
Pizza
Buffalo Chicken
Mac & Cheese
Buttery Corn
Baby Carrots
Juicy Peaches

St. Patrick's Day

**Tuesday
March 18**

Breakfast

Assorted Muffins

Lunch

Spaghetti & Meat Sauce
w/ Breadstick
Crispy Fish Sticks
w/ Breadstick
Seasoned Green Beans
Garden Salad
w/ Tomatoes
Frozen Fruit Cup

**Wednesday
March 19**

Breakfast

Scrambled Eggs
French Toast
Sausage

Lunch

Italian Subs
Baby Carrots
Veggie Juice
Fresh Apple Slices

SAT Testing Day

**Thursday
March 20**

Breakfast

Pigglegstick

Lunch

General Tso's Chicken
w/ Rice
New Orleans Cajun
Chicken w/ Rice
Bok Choy w/ Red Peppers
Cucumber Veggie Cup
Pineapple Tidbits

**Friday
March 21**

Breakfast

Toasted Pastries

Lunch

Nashville Hot Chicken
w/Biscuit
Italian Sub
Oven Baked Fries
Baby Carrots
Fresh Apple Slices

**Monday
March 24**

Breakfast

Blueberry Crumb Cake

Lunch

Domino's Smart Slice
Pizza
Max Sticks w/
Pizza Sauce
Steamed Broccoli
Baby Carrots
Applesauce Cup

**Tuesday
March 25**

Breakfast

Breakfast Bar

Lunch

Shepherd's Pie
w/ Biscuit
Grilled Cheese Sandwich
Garden Peas
Cucumber Veggie Cup
Chilled Mixed Fruit
Tomato Soup

**Wednesday
March 26**

Breakfast

Blue Jay Sandwich
Beef & Cheese Sunrise
Stick

Lunch

Chicken Patty Sandwich
Spicy Chicken
Patty Sandwich
Rib BBQ Sandwich
Sweet Potato Fries
Celery Sticks
Juicy Peaches

**Thursday
March 27**

Breakfast

Pigglegstick

Lunch

Walking Taco
Chicken Fajita
Shredded Lettuce &
Diced Tomato Cup
Chipotle Bean Salad
Cool Pears

**Friday
March 28**

**No
School**

**Payments Options:
Cash, Check and On Line at
LINQ Connect.**

**Information needed:
Student first & last name
Student date of birth**



3 Easy Steps!

- 1. Register at
<https://linqconnect.com>**
- 2. Confirm Email**
- 3. Sign in**



- Make online payment for cafeteria meal accounts**
- Remotely monitor meal accounts**
- Set up automatic payments**
- Set up low balance e-mail message alerts**