

OCTOBER 2025

SHS



AVAILABLE DAILY

Daily Breakfast
Assorted Cereal
Yogurt w/ Grahams
Fruit & Juice Variety

Daily Lunch
PBJ w/ Cheddar Goldfish
Yogurt w/ Cheesestick & Grain
Assorted Fresh Fruits
Milk Choices
1% Unflavored
FF Chocolate or Strawberry

Daily Deli Offerings
Monday
Turkey Sub, Assorted Salads,
Cheeseburger, Domino's Pizza & Yogurt Parfait
Tuesday
Italian Sub, Assorted Salads,
Cheese Steak Wrap, Chicken Tenders & Yogurt Parfait
Wednesday
Ham Sub, Assorted Salads, Crispy & Spicy Chicken
Patty, Pizza & Blue Jay Box
Thursday
Italian Sub, Chicken Nuggets
Assorted Salads, Crispy or Spicy Chicken Wrap, Bacon
Cheeseburger & Yogurt Parfait
Friday
Assorted Subs, Assorted Salads, Beef Hot Dog, Pizza

**Monday
September 29**

Breakfast
Assorted Bread Slice

Lunch
Domino's Smart Slice
Pizza
Or
Rib BBQ Sandwich
Buttery Corn
Baby Carrots
Cool Pears

**Tuesday
September 30**

Breakfast
Breakfast Bun

Lunch
Shrimp Poppers &
Mac & Cheese
w/Cornbread
Or
Chicken Cheesesteak
Seasoned Green Beans
Celery Sticks
Chilled Mixed Fruit

**Wednesday
October 1**

Breakfast
Breakfast Burrito

Lunch
Chicken Drumstick w/
Biscuit
Or
Pulled Pork Sandwich
Oven Fries
Cucumber Cup
Juicy Peaches

**Thursday
October 2**

Breakfast
Pigglestick

Lunch
General Tso's Chicken
w/Rice
Or
BBQ Teriyaki Chicken
w/ Rice
Seasoned Broccoli
Red & Green Pepper
Veggie Cup
Pineapple Tidbits

**Friday
October 3**

Breakfast
Toasted Pastries

Lunch
Cheeseburger
Or
Hot Dog
Baked Beans
Baby Carrots
Fresh Apple Slices

**Monday
October 6**

Breakfast
Blueberry Crumb Cake

Lunch
Domino's Smart Slice
Pizza
Or
Mandarin Orange
Chicken w/Rice
Seasoned Broccoli
Baby Carrots
Applesauce Cups

**Tuesday
October 7**

Breakfast
Breakfast Bar

Lunch
French Toast w/
Sausage
Or
Breakfast Pizza
Potato Smiles
Celery Sticks
Orange Tangerine
Juice
Smile Day 😊

**Wednesday
October 8**

Breakfast
Blue Jay Sandwich

Lunch
Cheesesteak Sub
Or
Meatball Sub
Mixed Vegetables
Red & Green Pepper
Cup
Frozen Fruit Cup

**Thursday
October 9**

Breakfast
Pigglestick

Lunch
Walking Taco
Or
Chicken Fajitas
Shredded Lettuce &
Tomato Cup
Chipotle Bean Salad
Side Kick Icy

**Friday
October 10**

**No
School**

**ALL STUDENTS EAT ALL
MEALS AT NO COST
AGAIN THIS YEAR**

**This institution is an equal
opportunity provider.**

National School Lunch Week October 13th-17th

**Monday
October 13**

**No
School**

**Tuesday
October 14**

Breakfast
Breakfast Bun

Lunch
Chicken Empanada
Or
Mexican Lasagna
Refried Beans
Baby Carrots
Frozen Fruit Cup

**Wednesday
October 15**

Breakfast
Breakfast Burrito

Lunch
Chicken Bacon Ranch
Pasta w/Breadstick
Or
Italian Grilled Cheese
Sandwich
Garden Salad w/
Tomatoes
Cucumber Veggie Cup
Chilled Mixed Fruit

**Thursday
October 16**

Breakfast
Pigglestick

Lunch
Chicken Eggroll
Or
Pot Stickers
Seasoned Broccoli
Red & Green
Pepper Cup
Pineapple Tidbits

**Friday
October 17**

Breakfast
Toasted Pastries
Lunch
Fried Chicken &
Mac & Cheese w/
Cornbread
Or
Cheeseburger
Corn on the Cob
Celery Sticks
Fresh Apple Slices

**Monday
October 20**

Breakfast
Blueberry Crumb Cake
Lunch
Domino's Smart
Slice Pizza
Or
Max Sticks w/
Pizza Sauce
Seasoned Broccoli
Baby Carrots
Applesauce

**Tuesday
October 21**

Breakfast
Breakfast Bar
Lunch
Shepherd's Pie w/Biscuit
Or
Grilled Cheese
Sandwich
Garden Peas
Cucumber Cup
Chilled Mixed Fruit
Tomato Soup

**Wednesday
October 22**

Breakfast
Blue Jay Sandwich
Lunch
Regular or Spicy
Chicken Patty
Sandwich
Or
Buffalo Chicken Pizza
Sweet Potato Fries
Celery Sticks
Frozen Fruit Cups

**Thursday
October 23**

Breakfast
Pigglestick
Lunch
Walking Taco
Or
Chicken Fajitas
Shredded Lettuce &
Tomato Cup
Chipotle Bean Salad
Cool Pears

**Friday
October 24**

Breakfast
Apple Bites
Lunch
Popcorn Chicken w/
Dinner Roll
Or
Turkey & Cheese Sub
Fluffy Mashed
Potatoes
Buttery Corn
Fresh Apple Slices

**Monday
October 27**

Breakfast
Assorted Bread Slice
Lunch
Domino's Smart Slice
Pizza
Or
Rib BBQ Sandwich
Buttery Corn
Baby Carrots
Cool Pears

**Tuesday
October 28**

Breakfast
Breakfast Bun
Lunch
Shrimp Poppers &
Mac & Cheese
w/Cornbread
Or
Chicken Cheesesteak
Seasoned Green Beans
Celery Sticks
Chilled Mixed Fruit

**Wednesday
October 29**

Breakfast
Breakfast Burrito
Lunch
Chicken Drumstick w/
Biscuit
Or
Pulled Pork Sandwich
Oven Fries
Cucumber Cup
Juicy Peaches

**Thursday
October 30**

Breakfast
Pigglestick
Lunch
General Tso's Chicken
w/Rice
Or
BBQ Teriyaki Chicken
w/ Rice
Seasoned Broccoli
Red & Green Pepper
Veggie Cup
Pineapple Tidbits

**Friday
October 31**

**No
School**

National School Lunch Week October 13th-17th

