

# FEBRUARY 2026

SHS



## AVAILABLE DAILY

### Daily Breakfast

Assorted Cereal  
Yogurt w/ Grahams  
Fruit & Fruit Juice Variety

### Daily Lunch

PBJ w/ Cheddar Goldfish  
Yogurt w/ Cheesestick & Grain  
Assorted Fresh Fruits

### Milk Choice

1% Unflavored  
FF Chocolate or Strawberry

### Daily Deli Offerings

#### Monday

Turkey Sub, Assorted Salads, Cheeseburger,  
Domino's Smart Slice Pizza, Yogurt Parfait

#### Tuesday

Italian Sub, Assorted Salads, Cheesesteak Wrap,  
Chicken Tenders, Yogurt Parfait

#### Wednesday

Ham Sub, Assorted Salads, Crispy & Spicy  
Chicken Patty, Pizza, Blue Jay Box

#### Thursday

Italian Sub, Assorted Salads, Crispy & Spicy  
Chicken Wrap, Bacon Cheeseburger,  
Chicken Nuggets, Yogurt Parfait

#### Friday

Assorted Subs, Assorted Salads,  
Beef Hot Dog, Pizza

**Monday**  
**February 2**

### Breakfast

Assorted Bread Slices

### Lunch

Domino's Smart Slice  
Pizza  
Or  
Rib BBQ Sandwich  
Buttery Corn  
Baby Carrots  
Cool Pears

**Tuesday**  
**February 3**

### Breakfast

Breakfast Bun

### Lunch

Shrimp Poppers  
& Mac & Cheese  
w/ Cornbread  
Or  
Chicken Cheesesteak  
Baked Beans  
Celery Sticks  
Chilled Mixed Fruit

**Wednesday**  
**February 4**

### Breakfast

Breakfast Burrito

### Lunch

Chicken Bacon Ranch  
Pasta w/ Breadstick  
Or  
Pulled Pork Sandwich  
Seasoned Green Beans  
Cucumber Cup  
Juicy Peaches

**Thursday**  
**February 5**

### Breakfast

Piggletstick

### Lunch

General Tso's  
Chicken w/ Rice  
Or  
BBQ Teriyaki  
Chicken w/ Rice  
Seasoned Broccoli  
Red & Green Pepper  
Cup  
Pineapple Tidbits

**Friday**  
**February 6**

### Breakfast

Toasted Pastries

### Lunch

Chicken Wings  
w/ Biscuit  
Or  
Grilled Cheese  
Sandwich  
Crispy Potato Wedges  
Baby Carrots  
Fresh Apple Slices  
Tomato Soup  
**Superbowl Party**

**ALL STUDENTS EAT ALL  
MEALS AT NO COST  
AGAIN THIS YEAR**

**This institution is an equal  
opportunity provider.**

Monday  
February 9

**No  
School**

Tuesday  
February 10

**Breakfast**  
Breakfast Bar

**Lunch**  
French Toast w/  
Sausage Patty  
Or  
Breakfast Pizza  
Tator Tots  
Baby Carrots  
Apple Juice

Wednesday  
February 11

**Breakfast**  
Blue Jay Breakfast Sandwich  
or  
Beef & Cheese Sunrise Stick

**Lunch**  
Lasagna w/Breadstick  
Or  
Cheesesteak Sub  
Mixed Vegetables  
Red & Green Pepper Cup  
Apple Crisp  
Wedding Soup

Thursday  
February 12

**Breakfast**  
Piggletstick

**Lunch**  
Walking Taco  
Or  
Chicken Fajitas  
Shredded Lettuce &  
Diced Tomato Cup  
Chipotle Bean Salad  
Side Kick Icy

Friday  
February 13

**Breakfast**  
Mini Apple Bites

**Lunch**  
Chicken Drumstick  
w/Heart Pretzels  
Or  
Crispy Fish Sandwich  
Oven Baked Fries  
Cucumber Cup  
Fresh Apple Slices  
**Valentine's Day Eve**

**Meal Payment Options:**  
**Cash, Check or**  
**On-Line Payments:**  
**LINQ Connect**

**Information needed:**  
**Student first & last name**  
**Student date of birth**



Monday  
February 16

**No  
School**

Tuesday  
February 17

**Breakfast**  
Breakfast Bun

**Lunch**  
Pasta & Meat Sauce  
w/Breadstick  
Or  
Crispy Fish Sticks  
w/ Breadstick  
Seasoned Green Beans  
Baby Carrots  
Cool Pears

Wednesday  
February 18

**Breakfast**  
Breakfast Burrito

**Lunch**  
Chicken Tenders  
w/ Roll  
Or  
Hot Ham & Cheese  
on Pretzel Bun  
Baked Beans  
Broccoli Salad  
Chilled Mixed Fruit  
Chicken Noodle Soup

Thursday  
February 19

**Breakfast**  
Piggletstick

**Lunch**  
General Tso's  
Chicken w/ Rice  
Or  
New Orleans Cajun  
Chicken w/ Rice  
Bok Choy w/ Red Peppers  
Cucumber  
Veggie Cup  
Cool Pears

Friday  
February 20

**Breakfast**  
Toasted Pastries

**Lunch**  
Nashville Hot Chicken  
w/Roll  
Or  
Italian Sub  
Oven Baked Fries  
Red & Green Pepper Cup  
Fresh Apple Slices

**3 Easy Steps!**  
**1. Register at**  
**<https://linqconnect.com>**

**2. Confirm Email**

**3. Sign in**



Monday  
February 23

**Breakfast**  
Chocolate Donuts  
**Lunch**  
Domino's Smart Slice  
Pizza  
Or  
Max Stick w/ Pizza  
Sauce  
Seasoned Broccoli  
Baby Carrots  
Applesauce Cups

Tuesday  
February 24

**Breakfast**  
Breakfast Bar  
**Lunch**  
Shepherd's Pie  
w/ Biscuit  
Or  
Chicken Egg Rolls  
Garden Peas  
Cucumber Cup  
Chilled Mixed Fruit  
Tomato Soup

Wednesday  
February 25

**Breakfast**  
Blue Jay Breakfast Sandwich  
or  
Beef & Cheese Sunrise Stick  
**Lunch**  
Regular or Spicy  
Chicken Patty  
Sandwich  
Or  
Buffalo Chicken Pizza  
Sweet Potato Fries  
Celery Sticks  
Frozen Fruit Cup  
Fiesta Soup

Thursday  
February 26

**Breakfast**  
Piggletstick

**Lunch**  
Walking Taco  
Or  
Chicken Fajitas  
Shredded Lettuce &  
Diced Tomato Cup  
Chipotle Bean Salad  
Cool Pears

Friday  
February 27

**Breakfast**  
Mini Apple Bites  
**Lunch**  
Popcorn Chicken w/  
Roll  
Or  
Turkey & Cheese Sub  
Fluffy Mashed  
Potatoes  
Buttery Corn  
Fresh Apple Slices

- **Make online payment for cafeteria meal accounts**
- **Remotely monitor meal accounts**
- **Set up automatic payments**
- **Set up low balance e-mail message alerts**