

JANUARY 2026

SHS



AVAILABLE
DAILY

Daily Breakfast

Assorted Cereal
Yogurt w/ Grahams
Fruit & Fruit Juice Variety

Daily Lunch

PBJ w/ Cheddar Goldfish
Yogurt w/ Cheese Stick & Grain
Assorted Fresh Fruits

Milk Choice

1% Unflavored
FF Chocolate or Strawberry

Daily Deli Offerings

Monday

Turkey Sub, Assorted Salads, Cheeseburger,
Domino's Smart Slice Pizza, Yogurt Parfait

Tuesday

Italian Sub, Assorted Salads, Cheesesteak Wrap,
Chicken Tenders, Yogurt Parfait

Wednesday

Ham Sub, Assorted Salads, Crispy & Spicy
Chicken Patty, Pizza, Blue Jay Box

Thursday

Italian Sub, Assorted Salads, Crispy & Spicy
Chicken Wrap, Bacon Cheeseburger,
Chicken Nuggets, Yogurt Parfait

Friday

Assorted Subs, Assorted Salads,
Beef Hot Dog, Pizza

Monday
January 5

Breakfast
Assorted Bread Slices

Lunch
Domino's Smart Slice
Pizza
Or
Rib BBQ Sandwich
Buttery Corn
Baby Carrots
Cool Pears

Tuesday
January 6

Breakfast
Breakfast Bun

Lunch
Shrimp Poppers
& Mac & Cheese w/
Cornbread
Or
Chicken Cheesesteak
Baked Beans
Celery Sticks
Chilled Mixed Fruit

Wednesday
January 7

Breakfast
Breakfast Burrito

Lunch
Chicken Drumstick
w/ Roll
Or
Pulled Pork Sandwich
Oven Baked Fries
Cucumber Cup
Juicy Peaches
Chicken Noodle Soup

Thursday
January 8

Breakfast
Pigglestick

Lunch
General Tso's
Chicken w/ Rice
Or
BBQ Teriyaki
Chicken w/ Rice
Seasoned Broccoli
Red & Green Pepper Cup
Pineapple Tidbits

Friday
January 9

Breakfast
Toasted Pastries

Lunch
Chicken Bacon Ranch
Pasta w/ Breadstick
Or
Grilled Cheese Sandwich
Seasoned Green Beans
Baby Carrots
Fresh Apple Slices
Tomato Soup

Monday
January 12

Breakfast
Blueberry Crumb Cake

Lunch
Domino's Smart Slice
Pizza
Or
Mandarin Orange
Chicken w/Rice
Seasoned Broccoli
Baby Carrots
Applesauce Cup

Tuesday
January 13

Breakfast
Breakfast Bar

Lunch
French Toast Sticks
w/ Sausage Patty
Or
Breakfast Pizza
Tater Tots
Celery Sticks
Apple Juice

Wednesday
January 14

Breakfast
Blue Jay Sandwich

Lunch
Lasagna w/ Breadstick
Or
Cheesesteak Sub
Mixed Vegetables
Red & Green Pepper
Cup
Apple Crisp
Wedding Soup

Thursday
January 15

Breakfast
Pigglestick

Lunch
Walking Taco
Or
Chicken Fajitas
Shredded Lettuce &
Diced Tomato Cup
Chipotle Bean Salad
Cool Pears

Friday
January 16

No School

ALL STUDENTS EAT ALL
MEALS AT NO COST
AGAIN THIS YEAR

This institution is an equal
opportunity provider.

Menu subject to change.



Meal Payment Options:
Cash, Check or
On-Line Payment:
LINQ Connect.

Information needed:
Student first & last name
Student date of birth

Monday January 19
No School in observance of Martin Luther King, Jr Day

Tuesday January 20
<p>Breakfast Breakfast Bun</p> <p>Lunch Pasta & Meat Sauce w/ Breadstick Or Crispy Fish Sticks w/ Bread Stick Seasoned Green Beans Garden Salad w/ Grape Tomatoes Juicy Peaches</p>

Wednesday January 21
<p>Breakfast Breakfast Burrito</p> <p>Lunch Chicken Tenders w/ Roll Or Hot Ham & Cheese on Pretzel Bun Baked Beans Broccoli Salad Chilled Mixed Fruit Chicken Noodle Soup</p>

Thursday January 22
<p>Breakfast Pigglestick</p> <p>Lunch General Tso's Chicken w/ Rice Or New Orleans Cajun Chicken w/ Rice Bok Choy w/Red Peppers Baby Carrots Pineapple Tidbits</p>

Friday January 23
<p>Breakfast Toasted Pastries</p> <p>Lunch Nashville Hot Chicken w/Dinner Roll Or Italian Sub Oven Baked Fries Red & Green Pepper Cup Fresh Apple Slices</p>

Monday January 26
No School

Tuesday January 27
<p>Breakfast Breakfast Bar</p> <p>Lunch Shepherd's Pie w/ Biscuit Or Chicken Eggrolls Garden Peas Cucumber Cup Chilled Mixed Fruit</p>

Wednesday January 28
<p>Breakfast Blue Jay Sandwich</p> <p>Lunch Regular or Spicy Chicken Patty Sandwich Or Buffalo Chicken Pizza Sweet Potato Fries Celery Sticks Frozen Fruit Cup Fiesta Soup</p>

Thursday January 29
<p>Breakfast Pigglestick</p> <p>Lunch Walking Taco Or Chicken Fajitas Shredded Lettuce & Diced Tomato Cup Chipotle Bean Salad Cool Pears</p>

Friday January 30
<p>Breakfast Mini Apple Bites</p> <p>Lunch Popcorn Chicken w /Dinner Roll Or Turkey & Cheese Sub Fluffy Mashed Potatoes Corn Fresh Apple Slices</p>

3 Easy Steps!
1. Register at
<https://linqconnect.com>
2. Confirm Email
3. Sign in

- Make online payment for cafeteria meal accounts
- Remotely monitor meal accounts
- Set up automatic payments
- Set up low balance e-mail message alerts

Happy New Year!!!

