MAY & JUNE 2025

SHS





May 2nd

Thursday May 1

Breakfast

Pigglestick

Lunch

Walking Taco Chicken Fajitas Chipotle Bean Salad Shredded Lettuce & Diced Tomato Cup Cool Pears Friday May 2

Breakfast

Mini Apple Bites

Lunch

"School Lunch Hero's Choice" Entrées & Veggies

Fresh Apple Slices

School Lunch Hero Day

Monday May 5

Breakfast

Assorted Bread Slices

<u>Lunch</u>

Domino's Smart Slice Pizza Buffalo Chicken Pizza Buttery Corn Baby Carrots Cool Pears Tuesday May 6

Breakfast

Assorted Muffins

Lunch

Shrimp Poppers w/
Mac & Cheese
Cornbread
Chicken Cheesesteak Sub
Seasoned Green Beans
Celery Sticks
Chilled Mixed Fruit

Wednesday May 7

Breakfast

Breakfast Bun

Lunch

Chicken Drumstick w/Biscuit Pulled Pork Sandwich Oven Baked Fries Cucumber Veggie Cup Juicy Peaches Thursday May 8

Breakfast

Pigglestick

<u>Lunch</u>

General Tso's
Chicken w/ Rice
BBQ Teriyaki Chicken
w/ Rice
Seasoned Broccoli
Red & Green Pepper
Veggie Cup
Pineapple Tidbits

Friday May 9

Breakfast

Toasted Pastries

Lunch

"Cook's Choice" Entrées

Baked Beans Baby Carrots

Fresh Apple Slices

Monday May 12

<u>Breakfast</u>

Blueberry Crumb Cake

Lunch

Domino's Smart Slice Pizza Mandarin Orange Chicken w/Rice Seasoned Broccoli Baby Carrots Applesauce Cups Tuesday May 13

<u>Breakfast</u>

Breakfast Bar

Lunch

French Toast Sticks
w/ Sausage Patty
Breakfast Pizza
Tater Tots
Celery Sticks
Orange Tangerine Juice

Wednesday May 14

<u>Breakfast</u>

Blue Jay Sandwich Or Beef Sunrise Wrap

Lunch

Chicken Wings w/ Biscuit Crispy Fish Sandwich Crispy Potato Wedges Cucumber Veggie Cup Frozen Fruit Cup Thursday May 15

Breakfast

Pigglestick

Lunch

Walking Taco Chicken Fajitas Chipotle Bean Salad Shredded Lettuce & Diced Tomato Cup Side Kick Icy Friday May 16

<u>Breakfast</u>

Mini Apple Bites

<u>Lunch</u>

"Cook's Choice" Entrées & Veggies

Fresh Apple Slices

AVAILABLE DAILY

Daily Breakfast

Assorted Cereal
Yogurt w/ Grahams
Fruit & Fruit Juice Variety

Daily Lunch

PBJ w/ Cheddar Goldfish Yogurt w/ Cheesestick & Grain Assorted Fresh Fruits

Milk Choice

1% Unflavored

FF Chocolate or Strawberry

Daily Deli Offerings

<u>Monday</u>

Turkey Sub, Assorted Salads, Cheeseburger,

Domino's Pizza, Yogurt Parfait Tuesday

Italian Sub, Assorted Salads, Cheesesteak Wrap,

Chicken Tenders, Yogurt Parfait
Wednesday

Ham Sub, Assorted Salads, Crispy & Spicy Chicken Patty, Pizza, Blue Jay Box Thursday

Italian Sub, Assorted Salads, Crispy & Spicy

Chicken Wrap, Bacon Cheeseburger, Chicken Nuggets Friday

Assorted Subs, Assorted Salads,
Beef Hot Dog, Pizza

ALL STUDENTS EAT ALL MEALS AT NO COST AGAIN THIS YEAR

This institution is an equal opportunity provider.

| Monday May 19 | Tuesday May 20 | Wednesday May 21 | Thursday May 22 | Friday May 23 | Payment | Options: | |
|--|--|--|--|--|---|---|--|
| <u>Breakfast</u> Assorted Bread Slices | Breakfast Assorted Muffins | <u>Breakfast</u> Breakfast Bun | <u>Breakfast</u> Pigglestick | <u>Breakfast</u> Toasted Pastries | Cash, check or online at LINQ Connect. | | |
| <u>Lunch</u> Domino's Smart Slice Pizza | Lunch Spaghetti & Meat Sauce w/ Breadstick | Lunch Chicken Tenders w/ Roll Hot Ham & Cheese | <u>Lunch</u> General Tso's Chicken w/ Rice | <u>Lunch</u> "Cook's Choice" Entrées & Veggie | Student first | Information needed: Student first & last name Student date of birth | |
| Buffalo Mac & Cheese Buttery Corn | Crispy Fish Sticks w/ Breadstick Seasoned Green Beans Garden Salad w/ Tomatoes | on Pretzel Bun Baked Beans Marinated Vegetable Salad Chilled Mixed Fruit | New Orleans Cajun Chicken w/ Rice Bok Choy w/ Red Peppers Cucumber Veggie Cup Pineapple Tidbits | Baby Carrots 3 Easy St I.Registe Fresh Apple Slices https://linqcom | | ter at onnect.com | |
| | Frozen Fruit Cup | | | | 2. Confirm Email 3. Sign In Make online payment for cafeteria meal accounts Remotely monitor meal accounts Set up automatic payments Set up low balance e- mail message alerts | | |
| Monday May 26 | Tuesday May 27 | Wednesday May 28 | Thursday May 29 | Friday May 30 | | | |
| No School | Breakfast Breakfast Bar Lunch Shepherd's Pie w/ Biscuit Grilled Cheese Sandwich Garden Peas Baby Carrots Chilled Mixed Fruit Tomato Soup | Breakfast Blue Jay Sandwich Or Beef Sunrise Wrap Lunch Regular or Spicy Chicken Patty Sandwich Rib BBQ Sandwich Sweet Potato Fries Celery Sticks Frozen Fruit Cup | Breakfast Pigglestick Lunch Walking Taco Chicken Fajitas Chipotle Bean Salad Shredded Lettuce & Diced Tomato Cup Cool Pears | Breakfast Mini Apple Bites Lunch "Cook's Choice" Entrées & Veggies Fresh Apple Slices | | | |
| A Marie And | | | | | | | |
| Monday June 2 | Tuesday June 3 | Wednesday June 4 | Thursday June 5 | Friday June 6 | Monday June 9 | Tuesday June 10 | |
| Breakfast Assorted Bread Slices | <u>Breakfast</u> Assorted Muffins | <u>Breakfast</u> Breakfast Bun | <u>Breakfast</u> Pigglestick | <u>Breakfast</u> Toasted Pastries | <u>Breakfast</u> Blueberry Crumb Cake | <u>Breakfast</u> Breakfast Bar | |
| <u>Lunch</u> Domino's Smart Slice Pizza | Lunch Shrimp Poppers w/ Mac & Cheese | Lunch Chicken Drumstick w/Biscuit | Lunch General Tso's Chicken w/ Rice | <u>Lunch</u> "Cook's Choice" Entrées & Veggies | <u>Lunch</u> Domino's Smart Slice Pizza | <u>Lunch</u> | |

BBQ Teriyaki

Chicken w/ Rice

Seasoned Broccoli

Red & Green Pepper

Veggie Cup

Pineapple Tidbits

Entrées & Veggies

Baked Beans

Baby Carrots

Fresh Apple Slices

Mandarin Orange

Chicken w/Rice

Seasoned Broccoli

Baby Carrots

Applesauce Cups

Pulled Pork Sandwich

Oven Baked Fries

Cucumber Veggie Cup

Juicy Peaches

Mac & Cheese

Cornbread

Chicken Cheesesteak Sub

Seasoned Green Beans

Celery Sticks

Chilled Mixed Fruit

Buffalo Chicken Pizza

Buttery Corn

Baby Carrots

Cool Pears

Annual BBQ