MARCH 2024

SMS











Breakfast
Toasted Pastry

Lunch

Cheeseburger
Hot Dog
Potato Smiles
Baby Carrots
Fresh Apple Slices

AVAILABLE DAILY

Daily Breakfast

Assorted Cereal Yogurt w/ Grahams Fruit & Fruit Juice Variety

Daily Lunch

PBJ w/ Cheddar Goldfish Yogurt w/ Cheesestick & Grain Freshly Made Salads Assorted Fresh Fruits

Milk Choice

1% Unflavored FF Chocolate or Strawberry

Monday March 4

Breakfast

Blueberry Crumb Cake

<u>Lunch</u>

Chicken Wings w/ Biscuit Pulled Pork Sandwich Crispy Potato Wedges Baby Carrots Juicy Peaches

Tuesday March 5

Breakfast

Breakfast Bar

Lunch

Meatball Sub Crispy Fish Sandwich Mixed Vegetables Chipotle Bean Salad Cool Pears

Wednesday March 6

Breakfast

Pancakes

Lunch

Papa John's Pizza Cheese Quesadilla Seasoned Broccoli Cucumber Veggie Cup Sidekicks Icy Fiesta Soup

Thursday March 7

Breakfast

Pigglestick

Lunch

French Toast Sticks w/ Sausage Patty Breakfast Pizza Tater Tots Celery Sticks Orange Juice

Friday March 8

Breakfast

Waffle

Lunch

Nashville Hot Chicken
w/ Roll
Italian Sub
Baked Beans
Red & Green Pepper
Veggie Cup
Fresh Apple Slices

ALL STUDENTS EAT ALL MEALS AT NO COST AGAIN THIS YEAR

This institution is an equal opportunity provider.

National School Breakfast Week: SURF'S UP WITH SCHOOL BREAKFAST!

Monday March 11

Breakfast

Assorted **Bread Slices**

Lunch

Mandarin Orange Chicken w/ Rice BBQ Teriyaki Chicken w/ Rice **Bok Chov** w/ Red Peppers **Baby Carrots** Pineapple Tidbits

Tuesday March 12

Breakfast

Pancake + Sausage Sandwich

Lunch

Spaghetti & Meat Sauce w/ Breadstick Crispy Chicken Ranch Wrap Seasoned Green Beans Garden Salad w/ Tomatoes Frozen Fruit Cup

Wednesday March 13

Breakfast

Breakfast Bun

Lunch

Pizza Crunchers Turkey & Cheese Sub **Buttery Corn** Marinated Vegetable Salad Chilled Mixed Fruit **Wedding Soup**

Thursday March 14

Breakfast

Pigglestick

Lunch

Shepherd's Pie w/ Dinner Roll Italian Sub Garden Peas Crazy Bean Salad Applesauce Cup

Friday March 15

Breakfast

Toasted Pastry Lunch

Shamrock Chicken Nuggets w/ Biscuit Hot Ham & Cheese on Pretzel Roll Oven Baked Fries Cucumber Veggie Cup Fresh Apple Slices Shamrock Cookies St. Patrick's Day Celebration

system is LINQ Connect. Information needed: Student first & last name Student date of birth

New on-line meal payments



3 Easy Steps!

I.Register at https://lingconnect.com 2. Confirm Email 3. Sign in



Make online payment for cafeteria meal accounts

Remotely monitor meal accounts

Set up automatic payments

Set up low balance e-mail message alerts

Monday March 18

Breakfast

Blueberry Crumb Cake

Lunch

Chicken Patty Sandwich Spicy Chicken Patty Sandwich Pulled Pork Sandwich Sweet Potato Fries **Baby Carrots** Applesauce Cup

Tuesday March 19

Breakfast

Breakfast Bar

Lunch

Cheesesteak Sub Grilled Cheese Sandwich Crispy Fries Cucumber Veggie Cup Chilled Mixed Fruit Creamy Tomato Soup

Wednesday March 20

Breakfast

Pancakes

Lunch

Papa John's Pizza Buffalo Chicken Pizza **Glazed Carrots** Fresh Broccoli Mandarin Oranges

Thursday March 21

Breakfast

Pigglestick

Lunch

Walking Taco Chicken Fajita Chipotle Bean Salad Shredded Lettuce & Diced Tomato Cup Cool Pears

Friday March 22

Breakfast

Waffle

Lunch

Popcorn Chicken w/ Biscuit Turkey & Cheese Sub Fluffy Mashed Potatoes Celery Sticks Warm Cinnamon **Apples**

Monday March 25

Breakfast

Assorted Bread Slices

Lunch

Crispy Chicken Nuggets w/Roll Fish Nuggets w/ Roll **Baked Beans Baby Carrots** Cool Pears

Tuesday March 26

Breakfast

Pancake + Sausage Sandwich

Lunch

Shrimp Poppers w/ Mac & Cheese Chicken Cheese Steak Seasoned Green Beans Celery Sticks Chilled Mixed Fruit

Wednesday March 27

Breakfast Breakfast Bun

Lunch

Max Sticks w/ Pizza Sauce Rib BBQ Sandwich Buttery Corn Cucumber Veggie Cup Sidekicks Icv Chicken Noodle Soup

Schools are Closed for Students March 28-April 7 for Spring Break.