



Seaford School District

Seaford, Delaware

390 NORTH MARKET STREET EXTENDED
SEAFORD, DELAWARE 19973
Phone (302) 629-4587 Fax (302) 628-4385

OFFICE OF NUTRITION SERVICES
JULIE KIRBY, SUPERVISOR
julie.kirby@seaford.k12.de.us

To the parents of:

Dear Parent/Guardian:

RE: Milk Alternative

As per Federal Regulation, we are required to offer students who cannot have regular milk a milk alternative that is nutritionally the same as milk. The milk alternative will be high in calcium and other vitamins and minerals just like regular milk. It is the goal of the Nutrition Services Department to promote good student health by providing nutrient rich choices for students who are not able to have milk.

Due to documentation received by the school nurse, the school cafeteria has been advised that your student is:

_____ Allergic to milk products and therefore will be offered Soymilk

_____ Lactose intolerant and therefore will be offered Lactose-Free Milk

_____ Special Request/Other milk alternative List here: _____

Please mark the line below to accept or decline the milk alternative. The special request/other milk alternative selection you list may not be nutritionally the same as milk and will be reviewed by our Registered Dietitian if accommodation can be made. Please sign, date the letter, and return it to the school cafeteria.

Thank you for your cooperation and if you have any questions please call Donna Trader, MS, RD, LDN in the Nutrition Services Department at (302) 629-4587.

_____ I DO want my child to be given the milk alternative

_____ I DO NOT want my child to be given the milk alternative

_____ Parent Signature

_____ Date

In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity.

Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotape, American Sign Language), should contact the responsible state or local agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339.

www.seafordbluejays.org

The Seaford School District is an Equal Opportunity Employer and does not discriminate or deny services on the basis of race, color, national origin, sex, disability, or age in its programs and activities.

To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online at: <https://www.usda.gov/sites/default/files/documents/USDA-OASCR%20P-Complaint-Form-0508-0002-508-11-28-17Fax2Mail.pdf>, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by:

1. mail:

U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410; or

2. fax:

(833) 256-1665 or (202) 690-7442; or

3. email:

program.intake@usda.gov