

AUGUST & SEPTEMBER 2023

Pre-K @Seaford HS



AVAILABLE DAILY

Daily Breakfast

Assorted Cereal
Yogurt w/ Grahams
Fruit & Fruit Juice Variety

Daily Lunch

PBJ w/ Cheddar Goldfish
Yogurt w/ Cheesestick & Grain

Milk Choice

1% Unflavored

Monday
August 28th

Breakfast

Asst. Sliced Breads

Lunch

Crispy Chicken Patty
Sweet Potato Fries
Apple Sauce Cups

Tuesday
August 29th

Breakfast

Asst. Muffins

Lunch

Shepherd's Pie w/
Biscuit
Garden Peas
Chilled Mixed Fruit

Wednesday
August 30th

Breakfast

Confetti Pancakes

Lunch

Max Sticks
w/ Pizza Sauce
Broccoli Trees
Frozen Fruit Cup

Thursday
August 31st

Breakfast

Pigglesstick

Lunch

Walking Taco
Chipotle Bean Salad
Cool Pears

Friday
September 1st

No
School

Monday
September 4th

Happy
Labor
Day

Tuesday
September 5th

Breakfast

Mini Bagel

Lunch

Shrimp Poppers w/
Mac & Cheese
Green Beans
Chilled Mix Fruit

Wednesday
September 6th

Breakfast

Cinnamon Rush
French Toast

Lunch

Papa John's Pizza
Buttery Corn
Diced Peaches

Thursday
September 7th

Breakfast

Pigglesstick

Lunch

Italian Sub
Seasoned Broccoli
Pineapple Tidbits

Friday
September 8th

Breakfast

Asst. Cereal

Lunch

Cheeseburger
Baked Beans
Fresh Apple Slices

Welcome Back!!!

ALL STUDENTS EAT ALL
MEALS AT NO COST
AGAIN THIS YEAR

This institution is an equal
opportunity provider.

Monday September 11th <u>Breakfast</u> Asst. Bread Slices <u>Lunch</u> Chicken Drumstick Mixed Vegetables Applesauce Cups	Tuesday September 12th <u>Breakfast</u> Blueberry Crumb Cake Fruit Variety <u>Lunch</u> French Toast w/ Sausage Patty Crispy Tater Tots Orange Juice	Wednesday September 13th <u>Breakfast</u> Confetti Pancakes <u>Lunch</u> Stuffed Crust Pizza Seasoned Broccoli Frozen Fruit Cup	Thursday September 14th <u>Breakfast</u> Pigglesstick <u>Lunch</u> Walking Taco Chipotle Bean Salad Cool Pears	Friday September 15th <u>Breakfast</u> Asst. Cereal <u>Lunch</u> Italian Sub Sweet Potato Fries Chilled Mixed Fruit
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Monday September 18th <u>Breakfast</u> Cinnamon Rush French Toast <u>Lunch</u> Chicken Tenders w/ Dinner Roll Crispy Fries Applesauce Cup	Tuesday September 19th <u>Breakfast</u> Mini Bagel <u>Lunch</u> Spaghetti w/ Meat Sauce and Breadstick Seasoned Green Beans Frozen Fruit Cup	Wednesday September 20th <u>Breakfast</u> Mini Maple Waffle <u>Lunch</u> Deep Dish Pizza Baby Carrots Chilled Mixed Fruit	Thursday September 21st <u>Breakfast</u> Pigglesstick <u>Lunch</u> Cheeseburger Seasoned Broccoli Pineapple Tidbits	Friday September 22nd No School
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Monday September 25th <u>Breakfast</u> Asst. Bread Slice <u>Lunch</u> Chicken Patty Sweet Potato Fries Applesauce Cups	Tuesday September 26th <u>Breakfast</u> Asst. Muffins <u>Lunch</u> Shepherd's Pie w/ Biscuit Garden Peas Chilled Mixed Fruit	Wednesday September 27th <u>Breakfast</u> Confetti Pancakes <u>Lunch</u> Max Sticks w/ Pizza Sauce Fresh Broccoli Trees Frozen Fruit Cup	Thursday September 28th <u>Breakfast</u> Pigglesstick <u>Lunch</u> Walking Taco Chipotle Bean Salad Cool Pears	Friday September 29th <u>Breakfast</u> Asst. Cereal <u>Lunch</u> Popcorn Chicken Fluffy Mashed Potatoes Fresh Apple Slices
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