

# OCTOBER 2026

## PreK@SHS



### AVAILABLE DAILY

#### Daily Breakfast

Assorted Cereal  
Yogurt w/ Grahams  
Fruit & Fruit Juice Variety

#### Daily Lunch

PBJ w/ Cheddar Goldfish  
Yogurt w/ Cheesestick & Grain  
Assorted Fresh Fruits

#### Milk Choice

1% Unflavored

**Monday  
September 28**

#### Breakfast

Assorted Bread Slices

#### Lunch

Domino's Smart Slice  
Pizza  
Buttery Corn  
Cool Pears

**Tuesday  
September 29**

#### Breakfast

French Toast

#### Lunch

Shrimp Poppers w/  
Mac & Cheese  
Baked Beans  
Chilled Mixed Fruit

**Wednesday  
September 30**

#### Breakfast

Assorted Muffins

#### Lunch

Chicken Drumstick  
w/ Biscuit  
Oven Fries  
Juicy Peaches

**Thursday  
October 1**

#### Breakfast

Cinnamon Roll

#### Lunch

General Tso's  
Chicken w/Rice  
Seasoned Broccoli  
Pineapple Tidbits

**Friday  
October 2**

#### Breakfast

Assorted Cereal

#### Lunch

Grilled Cheese  
Seasoned Green  
Beans  
Fresh Apple Slices

**Monday  
October 5**

#### Breakfast

Blueberry Crumb Cake

#### Lunch

Mandarin Orange  
Chicken w/ Rice  
Seasoned Broccoli  
Applesauce Cup

**Tuesday  
October 6**

#### Breakfast

Pancakes  
Raisins

#### Lunch

French Toast Sticks  
w/ Sausage Patty  
Tator Tots  
Apple Juice

**Wednesday  
October 7**

#### Breakfast

Blue Jay Breakfast  
Sandwich

#### Lunch

Lasagna  
Mixed Vegetables  
Juicy Peaches

**Thursday  
October 8**

#### Breakfast

Piggletstick

#### Lunch

Beef Nachos  
w/ Scoops  
Glazed Carrots  
Fresh Oranges

**Friday  
October 9**

#### Breakfast

Mini Cinis

#### Lunch

Chicken Wings  
w/ Biscuit  
Crispy Potato  
Wedges  
Fresh Apple Slices

**ALL STUDENTS EAT ALL  
MEALS AT NO COST  
AGAIN THIS YEAR**

**This institution is an equal  
opportunity provider.**

**Monday  
October 12**

**Breakfast**

Assorted Bread Slices

**Lunch**

Domino's Smart Slice  
Pizza  
Buttery Corn  
Juicy Peaches

**Tuesday  
October 13**

**Breakfast**

French Toast

**Lunch** **New!**

Corn Dog  
Seasoned  
Green Beans  
Mandarin Oranges

**Wednesday  
October 14**

**Breakfast**

Assorted Muffins

**Lunch**

Chicken Tenders  
Baked Beans  
Chilled Mixed Fruit

**Thursday  
October 15**

**Breakfast**

Cinnamon Roll

**Lunch**

General Tso's Chicken  
w/ Rice  
Bok Choy w/ Red  
Peppers  
Pineapple Tidbits

**Friday  
October 16**

**No  
School**

***National School  
Lunch Week  
October 12th-16th***



**Monday  
October 19**

**Breakfast**

Blueberry Crumb Cake

**Lunch**

Max Sticks w/  
Pizza Sauce  
Seasoned Broccoli  
Applesauce Cup

**Tuesday  
October 20**

**Breakfast**

Pancakes

**Lunch**

Shepherd's Pie  
w/ Biscuit  
Garden Peas  
Chilled Mixed Fruit

**Wednesday  
October 21**

**Breakfast**

Blue Jay Breakfast  
Sandwich

**Lunch**

Chicken Patty  
Sandwich  
Sweet Potato Fries  
Juicy Peaches

**Thursday  
October 22**

**Breakfast**

Piggletstick

**Lunch**

Beef Nachos  
w/ Scoops  
Buttery Corn  
Cool Pears

**Friday  
October 23**

**Breakfast**

Mini Cinis

**Lunch**

Popcorn Chicken  
Fluffy Mashed  
Potatoes  
Fresh Apple Slices

**Monday  
October 26**

**No  
School**

**Tuesday  
October 27**

**Breakfast**

French Toast

**Lunch**

Shrimp Poppers w/  
Mac & Cheese  
Baked Beans  
Chilled Mixed Fruit

**Wednesday  
October 28**

**Breakfast**

Assorted Muffins

**Lunch**

Bat Nuggets  
Oven Fries  
Juicy Peaches

**Thursday  
October 29**

**Breakfast**

Cinnamon Roll

**Lunch**

General Tso's  
Chicken w/ Rice  
Seasoned Broccoli  
Pineapple Tidbits

**Friday  
October 30**

**Breakfast**

Assorted Cereal

**Lunch**

Grilled Cheese  
Sandwich  
Seasoned Green  
Beans  
Apple Slices

