School Name: Fred Douglass Elementary	Grade Level: <u>3-5</u>
Reviewer: <u>Donna Trader</u>	Date: 2/17/22

I. Public Involvement					Yes	No		
We encourage the following to participate in the development, implementation and evaluation of our wellness policy:					Х			
School Admin	Х	Food Service Staff	Х	Parents	Х	Public X		
School Board	Х	PE Teachers	Х	Students	Х			
We have a designee in charge of compliance.					Х			
We make our policy available to the public.					Х			
We measure the implementation of our policy and make results available to the public.					Х			
Our district rev	views the policy a	annually.						X1

II. Nutrition Environment and Services	Yes	No
All foods sold during the school day meet the USDA Smart Snacks in School Nutrition Standards.	Х	
All beverages sold during the school day meet the USDA Smart Snacks in School Nutrition Standards.	Х	
We offer nutrition education to students in: X Elementary School 🗖 Middle School 🔲 High School	Х	

III. Nutrition Promotion	Yes	No
Our district's written Wellness Policy includes measurable goals for nutrition promotion.	х	
We promote healthy eating and nutrition education with signage, use of creative menus, posters, bulletin	Х	
boards, etc.		
We have reviewed <i>Smarter Lunchroom</i> techniques and evaluated our ability to implement some of them.	Х	
We place fruits and vegetables where they are easy to access (e.g. near the cafeteria cashier or near the front	Х	
of the line).		
We ensure students have access to hand-washing facilities prior to meals.	Х	
We annually evaluate how to market and promote our school meal program(s).	Х	
We regularly share school meal nutrition, calorie, and sodium content information with students and families.	Х	
We offer taste testing or menu planning opportunities to our students.	Х	
We participate in Farm to School activities and/or have a school garden.		X2
We only advertise and promote nutritious foods and beverages on school grounds (e.g. buildings, playing	Х	
fields, etc.).		
We price nutritious foods and beverages lower and less nutritious foods and beverages higher.	Х	
We offer fruit or non-fried vegetables in: 🔲 Vending Machines 🔲 School Stores 🔲 Snack Bars X à La Carte	Х	
We have nutritional standards for foods/beverages served at school parties, celebrations, events, etc.	Х	
We provide teachers with samples of alternative reward options other than food or beverages.	Х	
We prohibit the use of food and beverages as a reward.		X <sup>3</sup>

IV. Nutrition Guidelines		
Our district's written Wellness Policy addresses nutrition standards for USDA reimbursable meals.		
We operate the School Breakfast Program: 🗖 Before School 🛛 🗖 In the Classroom X Grab & Go	Х	
We follow all nutrition regulations for the National School Lunch Program (NSLP).	Х	

Nutrition Guidelines (cont. from page 1)		No
We operate the Fresh Fruit and Vegetable Program.	Х	
We operate the CACFP At-Risk Supper Program – <mark>(High School only).</mark>		
We have a certified Food Handler as our Food Service Manager.	Х	
We have adopted and implemented Smart Snacks nutrition standards for ALL items sold during school hours, including:	Х	
X à La Carte Offerings 🗖 in School Stores 🗖 in Vending Machines 🗖 as Fundraisers		

V. Physical Activity				
Our district's written Wellness Policy includes measurable goals for physical activity.	Х			
We provide physical education for elementary students on a weekly basis.	Х			
We provide physical education classes for graduation (High School only).				
We provide recess for elementary students on a daily basis.				
We provide opportunities for physical activity integrated throughout the day.				
We prohibit staff and teachers from keeping kids in from recess for punitive reasons.				
Teachers are allowed to offer physical activity as a reward for students.				
We offer before or after school physical activity:				
Competitive sports Interclubs X Other clubs				

VI. Other School Based Wellness Activities		
Our district's written Wellness Policy includes measurable goals for other school-based activities that promote wellness.	Х	
We provide training to staff on the importance of modeling healthy behaviors.		Х
We provide annual training to staff on: 🗖 Nutrition 🗖 Physical Activity		X <sup>5</sup>
We have a staff Wellness Program.	Х	
We have school district staff who are CPR certified (e.g. teachers, coaches, counselors, food service staff).	Х	
We actively promote walk or bike to school for students with Safe Routes to School or other related programs.		X <sub>6</sub>
We have a recycling/environmental stewardship program.	Х	
We have a recognition/reward program for students who exhibit healthy behaviors.	Х	
We have community partnerships which support programs, projects, events, and/or activities.	Х	

1. The District reviews the policy on a Triannial basis per USDA regulations.

- 2. Goals to increase Farm to School activities districtwide
- 3. Asesses on case by case or individual need. Moving towards implementing more non-food reward
- 4. Programs are hard to initiate due to the young age level of students.
- 5. Would like to incorporate these areas in future trainings
- 6. Location provides a challenge due to safety concerns

School Name: West Seaford Elementary	Grade Level: <u>K-2</u>
Reviewer: <u>Donna Trader</u>	Date: 2/22/22

I. Public Involvement					Yes	No		
We encourage the following to participate in the development, implementation and evaluation of our wellness policy:					Х			
School Admin	Х	Food Service Staff	Х	Parents	Х	Public X		
School Board	Х	PE Teachers	Х	Students	Х			
We have a designee in charge of compliance.					Х			
We make our policy available to the public.					Х			
We measure the implementation of our policy and make results available to the public.					Х			
Our district rev	views the policy a	annually.						X1

II. Nutrition Environment and Services	Yes	No
All foods sold during the school day meet the USDA Smart Snacks in School Nutrition Standards.	Х	
All beverages sold during the school day meet the USDA Smart Snacks in School Nutrition Standards.	Х	
We offer nutrition education to students in: X Elementary School 🗖 Middle School 🔲 High School	Х	

III. Nutrition Promotion	Yes	No
Our district's written Wellness Policy includes measurable goals for nutrition promotion.	Х	
We promote healthy eating and nutrition education with signage, use of creative menus, posters, bulletin	Х	
boards, etc.		
We have reviewed Smarter Lunchroom techniques and evaluated our ability to implement some of them.	Х	
We place fruits and vegetables where they are easy to access (e.g. near the cafeteria cashier or near the front	Х	
of the line).		
We ensure students have access to hand-washing facilities prior to meals.	Х	
We annually evaluate how to market and promote our school meal program(s).	Х	
We regularly share school meal nutrition, calorie, and sodium content information with students and families.	Х	
We offer taste testing or menu planning opportunities to our students.	Х	
We participate in Farm to School activities and/or have a school garden.		X <sup>2</sup>
We only advertise and promote nutritious foods and beverages on school grounds (e.g. buildings, playing	Х	
fields, etc.).		
We price nutritious foods and beverages lower and less nutritious foods and beverages higher.	Х	
We offer fruit or non-fried vegetables in: 🗖 Vending Machines 🔲 School Stores 🔲 Snack Bars X à La Carte	Х	
We have nutritional standards for foods/beverages served at school parties, celebrations, events, etc.	Х	
We provide teachers with samples of alternative reward options other than food or beverages.	Х	
We prohibit the use of food and beverages as a reward.		X <sup>3</sup>

IV. Nutrition Guidelines			
Our district's written Wellness Policy addresses nutrition standards for USDA reimbursable meals.			
We operate the School Breakfast Program: 🗖 Before School 🛛 🗖 In the Classroom X Grab & Go			
We follow all nutrition regulations for the National School Lunch Program (NSLP).	Х		

Nutrition Guidelines (cont. from page 1)	Yes	No
We operate the Fresh Fruit and Vegetable Program.	Х	[
We operate the CACFP At-Risk Supper Program – <mark>(High School only).</mark>		
We have a certified Food Handler as our Food Service Manager.	Х	
We have adopted and implemented Smart Snacks nutrition standards for ALL items sold during school hours, including:	X	
X à La Carte Offerings 🗖 in School Stores 🗖 in Vending Machines 🗖 as Fundraisers		

V. Physical Activity		
Our district's written Wellness Policy includes measurable goals for physical activity.	Х	[
We provide physical education for elementary students on a weekly basis.	Х	
We provide physical education classes for graduation (High School only).		
We provide recess for elementary students on a daily basis.	Х	
We provide opportunities for physical activity integrated throughout the day.	Х	
We prohibit staff and teachers from keeping kids in from recess for punitive reasons.		
Teachers are allowed to offer physical activity as a reward for students.	Х	
We offer before or after school physical activity:		X4
Competitive sports INon-competitive sports I Other clubs		

VI. Other School Based Wellness Activities		
Our district's written Wellness Policy includes measurable goals for other school-based activities that promote wellness.	Х	
We provide training to staff on the importance of modeling healthy behaviors.		Х
We provide annual training to staff on: 🗖 Nutrition 🗖 Physical Activity		
We have a staff Wellness Program.	Х	
We have school district staff who are CPR certified (e.g. teachers, coaches, counselors, food service staff).		
We actively promote walk or bike to school for students with Safe Routes to School or other related programs		
We have a recycling/environmental stewardship program.		
We have a recognition/reward program for students who exhibit healthy behaviors.	Х	
We have community partnerships which support programs, projects, events, and/or activities.	Х	

1. The District reviews the policy on a Triannial basis per USDA regulations.

2. Goals to increase Farm to School activities districtwide

3. Asesses on case by case or individual need. Moving towards implementing more non-food reward

4. Programs are hard to initiate due to the young age level of students.

5. Would like to incorporate these areas in future trainings

School Name: <u>Central Elementary</u>	Grade Level: <u>3-5</u>
Reviewer: <u>Donna Trader</u>	Date: 2/24/22

I. Public Involvement					Yes	No		
We encourage the following to participate in the development, implementation and evaluation of our wellness policy:				Х				
School Admin	Х	Food Service Staff	Х	Parents	Х	Public X		
School Board	Х	PE Teachers	Х	Students	Х			
We have a des	ignee in charge	of compliance.					Х	
We make our p	oolicy available t	o the public.					Х	
We measure the implementation of our policy and make results available to the public.			Х					
Our district rev	views the policy	annually.						X1

II. Nutrition Environment and Services			
All foods sold during the school day meet the USDA Smart Snacks in School Nutrition Standards.	Х		
All beverages sold during the school day meet the USDA Smart Snacks in School Nutrition Standards.			
We offer nutrition education to students in: X Elementary School 🗖 Middle School 🔲 High School	Х		

III. Nutrition Promotion			
Our district's written Wellness Policy includes measurable goals for nutrition promotion.	х		
We promote healthy eating and nutrition education with signage, use of creative menus, posters, bulletin	Х		
boards, etc.			
We have reviewed Smarter Lunchroom techniques and evaluated our ability to implement some of them.	Х		
We place fruits and vegetables where they are easy to access (e.g. near the cafeteria cashier or near the front	Х		
of the line).			
We ensure students have access to hand-washing facilities prior to meals.	Х		
We annually evaluate how to market and promote our school meal program(s).	Х		
We regularly share school meal nutrition, calorie, and sodium content information with students and families.	Х		
We offer taste testing or menu planning opportunities to our students.	Х		
We participate in Farm to School activities and/or have a school garden.	Х		
We only advertise and promote nutritious foods and beverages on school grounds (e.g. buildings, playing			
fields, etc.).			
We price nutritious foods and beverages lower and less nutritious foods and beverages higher.	Х		
We offer fruit or non-fried vegetables in: 🔲 Vending Machines 🔲 School Stores 🔲 Snack Bars X à La Carte	Х		
We have nutritional standards for foods/beverages served at school parties, celebrations, events, etc.	Х		
We provide teachers with samples of alternative reward options other than food or beverages.	Х		
We prohibit the use of food and beverages as a reward.		X <sup>2</sup>	

IV. Nutrition Guidelines			
Our district's written Wellness Policy addresses nutrition standards for USDA reimbursable meals.			
We operate the School Breakfast Program: 🗖 Before School 🛛 🗖 In the Classroom X Grab & Go			
We follow all nutrition regulations for the National School Lunch Program (NSLP).	Х		

Nutrition Guidelines (cont. from page 1)	Yes	No
We operate the Fresh Fruit and Vegetable Program.	Х	
We operate the CACFP At-Risk Supper Program – <mark>(High School only).</mark>		
We have a certified Food Handler as our Food Service Manager.	Х	
We have adopted and implemented Smart Snacks nutrition standards for ALL items sold during school hours, including:	X	
X à La Carte Offerings 🗖 in School Stores 🗖 in Vending Machines 🗖 as Fundraisers		

V. Physical Activity		
Our district's written Wellness Policy includes measurable goals for physical activity.	Х	
We provide physical education for elementary students on a weekly basis.	Х	
We provide physical education classes for graduation (High School only).		
We provide recess for elementary students on a daily basis.	Х	
We provide opportunities for physical activity integrated throughout the day.		
We prohibit staff and teachers from keeping kids in from recess for punitive reasons.		
Teachers are allowed to offer physical activity as a reward for students.	Х	
We offer before or after school physical activity:		X <sup>3</sup>
Competitive sports I Non-competitive sports I Other clubs		

VI. Other School Based Wellness Activities		No	
Our district's written Wellness Policy includes measurable goals for other school-based activities that promote wellness.			
We provide training to staff on the importance of modeling healthy behaviors.		X4	
We provide annual training to staff on: 🔲 Nutrition 🛛 X Physical Activity	Х		
We have a staff Wellness Program.			
We have school district staff who are CPR certified (e.g. teachers, coaches, counselors, food service staff).			
We actively promote walk or bike to school for students with Safe Routes to School or other related programs			
We have a recycling/environmental stewardship program.			
We have a recognition/reward program for students who exhibit healthy behaviors.			
We have community partnerships which support programs, projects, events, and/or activities.	Х		

1. The District reviews the policy on a Triannial basis per USDA regulations.

2. Asesses on case by case or individual need. Moving towards implementing more non-food reward

3. Programs are hard to initiate due to the young age level of students.

4. Would like to incorporate these areas in future trainings

School Name: <u>Blades Elementary</u>	Grade Level: <u>K-2</u>
Reviewer: Donna Trader	Date: 2/28/22

I. Public Involvement						Yes	No	
We encourage wellness policy	-	participate in the de	velopment	, implementatior	n and eva	aluation of our	Х	
School Admin	Х	Food Service Staff	Х	Parents	Х	Public X		
School Board	Х	PE Teachers	Х	Students	Х			
We have a designee in charge of compliance.						Х		
We make our policy available to the public.						Х		
We measure the implementation of our policy and make results available to the public.						Х		
Our district rev	views the policy a	annually.						X1

II. Nutrition Environment and Services		
All foods sold during the school day meet the USDA Smart Snacks in School Nutrition Standards.	Х	
All beverages sold during the school day meet the USDA Smart Snacks in School Nutrition Standards.	Х	
We offer nutrition education to students in: X Elementary School 🗖 Middle School 🔲 High School	Х	

III. Nutrition Promotion	Yes	No
Our district's written Wellness Policy includes measurable goals for nutrition promotion.	х	
We promote healthy eating and nutrition education with signage, use of creative menus, posters, bulletin boards, etc.	x	
We have reviewed <i>Smarter Lunchroom</i> techniques and evaluated our ability to implement some of them.	Х	
We place fruits and vegetables where they are easy to access (e.g. near the cafeteria cashier or near the front of the line).	X	
We ensure students have access to hand-washing facilities prior to meals.	Х	
We annually evaluate how to market and promote our school meal program(s).	Х	
We regularly share school meal nutrition, calorie, and sodium content information with students and families.	Х	
We offer taste testing or menu planning opportunities to our students.	Х	
We participate in Farm to School activities and/or have a school garden.		X <sup>2</sup>
We only advertise and promote nutritious foods and beverages on school grounds (e.g. buildings, playing fields, etc.).	X	
We price nutritious foods and beverages lower and less nutritious foods and beverages higher.	Х	
We offer fruit or non-fried vegetables in: 🔲 Vending Machines 🔲 School Stores 🔲 Snack Bars X à La Carte	Х	
We have nutritional standards for foods/beverages served at school parties, celebrations, events, etc.	Х	
We provide teachers with samples of alternative reward options other than food or beverages.	Х	
We prohibit the use of food and beverages as a reward.		X <sup>3</sup>

IV. Nutrition Guidelines			
Our district's written Wellness Policy addresses nutrition standards for USDA reimbursable meals.	Х		
We operate the School Breakfast Program: 🗖 Before School 🛛 🗖 In the Classroom X Grab & Go	Х		
We follow all nutrition regulations for the National School Lunch Program (NSLP).	Х		

Nutrition Guidelines (cont. from page 1)	Yes	No
We operate the Fresh Fruit and Vegetable Program.	Х	
We operate the CACFP At-Risk Supper Program (High School only).		
We have a certified Food Handler as our Food Service Manager.		
We have adopted and implemented Smart Snacks nutrition standards for ALL items sold during school hours, including:	X	
X à La Carte Offerings 🗖 in School Stores 🗖 in Vending Machines 🗖 as Fundraisers		

V. Physical Activity			
Our district's written Wellness Policy includes measurable goals for physical activity.	Х		
We provide physical education for elementary students on a weekly basis.	Х		
We provide physical education classes for graduation (High School only).			
We provide recess for elementary students on a daily basis.			
We provide opportunities for physical activity integrated throughout the day.			
We prohibit staff and teachers from keeping kids in from recess for punitive reasons.			
Teachers are allowed to offer physical activity as a reward for students.			
We offer before or after school physical activity:			
Competitive sports INOn-competitive sports ID Other clubs		X4	

VI. Other School Based Wellness Activities		
Our district's written Wellness Policy includes measurable goals for other school-based activities that promote wellness.	Х	
We provide training to staff on the importance of modeling healthy behaviors.	Х	
We provide annual training to staff on: 🗖 Nutrition 🗖 Physical Activity		X <sup>5</sup>
We have a staff Wellness Program.	Х	
We have school district staff who are CPR certified (e.g. teachers, coaches, counselors, food service staff).	Х	
We actively promote walk or bike to school for students with Safe Routes to School or other related programs.	Х	
We have a recycling/environmental stewardship program.	Х	
We have a recognition/reward program for students who exhibit healthy behaviors.		х
We have community partnerships which support programs, projects, events, and/or activities.	Х	

1. The District reviews the policy on a Triannial basis per USDA regulations.

2. Goals to increase Farm to School activities districtwide

3. Asesses on case by case or individual need. Moving towards implementing more non-food reward

4. Programs are hard to initiate due to the young age level of students

5. Would like to incorporate these areas in future trainings

School Name: Seaford Middle School	Grade Level: <u>6-8</u>
Reviewer: <u>Donna Trader</u>	Date: <u>3/3/22</u>

I. Public Involvement					Yes	No		
We encourage wellness policy	-	participate in the de	velopment, imp	lementatior	n and evaluatio	on of our	Х	
School Admin	Х	Food Service Staff	Х	Parents	Х	Public X		
School Board	Х	PE Teachers	Х	Students	Х			
We have a designee in charge of compliance.					Х			
We make our policy available to the public.					Х			
We measure the implementation of our policy and make results available to the public.					Х			
Our district rev	iews the policy a	annually.						X1

II. Nutrition Environment and Services			
All foods sold during the school day meet the USDA Smart Snacks in School Nutrition Standards.			
All beverages sold during the school day meet the USDA Smart Snacks in School Nutrition Standards.			
We offer nutrition education to students in: 🗖 Elementary School X Middle School 🗖 High School	Х		

III. Nutrition Promotion	Yes	No
Our district's written Wellness Policy includes measurable goals for nutrition promotion.	х	
We promote healthy eating and nutrition education with signage, use of creative menus, posters, bulletin	Х	
boards, etc.		
We have reviewed <i>Smarter Lunchroom</i> techniques and evaluated our ability to implement some of them.	Х	
We place fruits and vegetables where they are easy to access (e.g. near the cafeteria cashier or near the front	Х	
of the line).		
We ensure students have access to hand-washing facilities prior to meals.	Х	
We annually evaluate how to market and promote our school meal program(s).	Х	
We regularly share school meal nutrition, calorie, and sodium content information with students and families.	Х	
We offer taste testing or menu planning opportunities to our students.	Х	
We participate in Farm to School activities and/or have a school garden.	Х	
We only advertise and promote nutritious foods and beverages on school grounds (e.g. buildings, playing	Х	
fields, etc.).		
We price nutritious foods and beverages lower and less nutritious foods and beverages higher.	Х	
We offer fruit or non-fried vegetables in: 🔲 Vending Machines 🔲 School Stores 🔲 Snack Bars X à La Carte	Х	
We have nutritional standards for foods/beverages served at school parties, celebrations, events, etc.	Х	
We provide teachers with samples of alternative reward options other than food or beverages.	Х	
We prohibit the use of food and beverages as a reward.		X <sup>2</sup>

IV. Nutrition Guidelines		
Our district's written Wellness Policy addresses nutrition standards for USDA reimbursable meals.		
We operate the School Breakfast Program: 🗖 Before School 🛛 🗖 In the Classroom X Grab & Go		
We follow all nutrition regulations for the National School Lunch Program (NSLP).	Х	

Nutrition Guidelines (cont. from page 1)	Yes	No
We operate the Fresh Fruit and Vegetable Program. (NA)		
We operate the CACFP At-Risk Supper Program (High School only).		
We have a certified Food Handler as our Food Service Manager.	Х	
We have adopted and implemented Smart Snacks nutrition standards for ALL items sold during school hours, including:	Х	
X à La Carte Offering X in School Stores <b>D</b> in Vending Machines <b>D</b> as Fundraisers		

V. Physical Activity		No
Our district's written Wellness Policy includes measurable goals for physical activity.	Х	
We provide physical education for <i>elementary</i> students on a weekly basis. (NA)		
We provide physical education classes for graduation (High School only).		
We provide recess for <i>elementary</i> students on a daily basis. (NA)		
We provide opportunities for physical activity integrated throughout the day.	Х	
We prohibit staff and teachers from keeping kids in from recess for punitive reasons. (NA)		
Teachers are allowed to offer physical activity as a reward for students.	Х	
We offer before or after school physical activity:	Х	
X Competitive sports X Non-competitive sports X Other clubs		

VI. Other School Based Wellness Activities		
Our district's written Wellness Policy includes measurable goals for other school-based activities that promote wellness.	Х	
We provide training to staff on the importance of modeling healthy behaviors.		Х
We provide annual training to staff on: 🗖 Nutrition 🗖 Physical Activity		X <sup>3</sup>
We have a staff Wellness Program.	Х	
We have school district staff who are CPR certified (e.g. teachers, coaches, counselors, food service staff).	Х	
We actively promote walk or bike to school for students with Safe Routes to School or other related programs.	Х	
We have a recycling/environmental stewardship program.		Х
We have a recognition/reward program for students who exhibit healthy behaviors.	X4	
We have community partnerships which support programs, projects, events, and/or activities.	Х	

1. The District reviews the policy on a Triannial basis per USDA regulations.

2. Asesses on case by case or individual need. Moving towards implementing more non-food reward

3. Would like to incorporate these areas in future trainings

4. Students can buy coupons for good behavior and participate in the Fine Dining Program.

\_\_\_\_

School Name: Seaford High School	Grade Level: <u>9-12</u>
Reviewer: Donna Trader	Date: <u>3/4/22</u>

	I. Public Involvement					Yes	No	
We encourage the following to participate in the development, implementation and evaluation of our wellness policy:				Х				
School Admin	Х	Food Service Staff	Х	Parents	Х	Public X		
School Board	Х	PE Teachers	Х	Students	Х			
We have a designee in charge of compliance.				Х				
We make our policy available to the public.		Х						
We measure th	ne implementati	on of our policy and r	make result	ts available to the	e public.		Х	
Our district rev	iews the policy a	annually.						X1

II. Nutrition Environment and Services	Yes	No
All foods sold during the school day meet the USDA Smart Snacks in School Nutrition Standards.	Х	
All beverages sold during the school day meet the USDA Smart Snacks in School Nutrition Standards.	Х	
We offer nutrition education to students in:  Elementary School Middle School X High School	Х	

III. Nutrition Promotion	Yes	No
Our district's written Wellness Policy includes measurable goals for nutrition promotion.	Х	
We promote healthy eating and nutrition education with signage, use of creative menus, posters, bulletin	Х	
boards, etc.		
We have reviewed Smarter Lunchroom techniques and evaluated our ability to implement some of them.	Х	
We place fruits and vegetables where they are easy to access (e.g. near the cafeteria cashier or near the front	х	
of the line).		
We ensure students have access to hand-washing facilities prior to meals.	Х	
We annually evaluate how to market and promote our school meal program(s).	Х	
We regularly share school meal nutrition, calorie, and sodium content information with students and families.	Х	
We offer taste testing or menu planning opportunities to our students.	Х	
We participate in Farm to School activities and/or have a school garden.		Х
We only advertise and promote nutritious foods and beverages on school grounds (e.g. buildings, playing	Х	
fields, etc.).		
We price nutritious foods and beverages lower and less nutritious foods and beverages higher.	Х	
We offer fruit or non-fried vegetables in: 🔲 Vending Machines 🔲 School Stores 🔲 Snack Bars X à La Carte	Х	
We have nutritional standards for foods/beverages served at school parties, celebrations, events, etc.	Х	
We provide teachers with samples of alternative reward options other than food or beverages. (OH Students)	Х	
We prohibit the use of food and beverages as a reward.	Х	

IV. Nutrition Guidelines		
Our district's written Wellness Policy addresses nutrition standards for USDA reimbursable meals.		
We operate the School Breakfast Program: 🗖 Before School 🛛 🗖 In the Classroom X Grab & Go		
We follow all nutrition regulations for the National School Lunch Program (NSLP).	Х	

Nutrition Guidelines (cont. from page 1)	Yes	No
We operate the Fresh Fruit and Vegetable Program. (NA)		
We operate the CACFP At-Risk Supper Program (High School only).	Х	
We have a certified Food Handler as our Food Service Manager.	Х	
We have adopted and implemented Smart Snacks nutrition standards for ALL items sold during school hours, including:	Х	
X à La Carte Offering 🔲 in School Stores 🔲 in Vending Machines 🔲 as Fundraisers		

V Dhusical Astinity				No
	V. Physical Activity		Yes	
Our district's written Wellness Pol	icy includes measurable goals for physical	activity.	Х	
We provide physical education for	elementary students on a weekly basis. (	NA)		
We provide physical education cla	sses for graduation (High School only).		Х	
We provide recess for <i>elementary</i>	students on a daily basis. (NA)			
We provide opportunities for physical activity integrated throughout the day.		Х		
We prohibit staff and teachers fro	m keeping kids in from recess for punitive	reasons. (NA)		
Teachers are allowed to offer phy	sical activity as a reward for students.		Х	
Ne offer before or after school physical activity:		Х		
X Competitive sports	Non-competitive sports	X Other clubs		

VI. Other School Based Wellness Activities	Yes	No
Our district's written Wellness Policy includes measurable goals for other school-based activities that promote wellness.	Х	
We provide training to staff on the importance of modeling healthy behaviors.		Х
We provide annual training to staff on: 🔲 Nutrition 🛛 X Physical Activity	X2	
We have a staff Wellness Program.	Х	
We have school district staff who are CPR certified (e.g. teachers, coaches, counselors, food service staff).		
We actively promote walk or bike to school for students with Safe Routes to School or other related programs.	Х	
We have a recycling/environmental stewardship program.	Х	
We have a recognition/reward program for students who exhibit healthy behaviors.	X4	
We have community partnerships which support programs, projects, events, and/or activities.	Х	

1. The District reviews the policy on a Triannial basis per USDA regulations.

2. Yoga is offered during Professional Development Days